

# True Transformation

A 9 session coaching guide to becoming



# Meet Your Transformation Coach, Obioma Enyinnaya

As a seasoned coach, speaker, and transformation guide, I specialize in helping individuals and organizations unlock their full potential. Through a divine download from the Holy Spirit, I've been entrusted with the blueprint for navigating life's transformation process—what I call the 10 Seasons of Transformation.

**These seasons—Formation, Subconscious Submission, Conscious Submission, Production, Reproduction, Transition, Pruning, Expansion, Acceleration, and Translation**—represent the key phases we all go through in our personal and professional lives. Each season comes with its own challenges and growth opportunities. My role as your coach is to guide you through these seasons with practical, spiritual, and actionable insights.

Whether you're transitioning into a new career, navigating personal changes, or seeking spiritual alignment, my transformation coaching will help you gain clarity, direction, and actionable steps to achieve your goals.

**I believe in aligning every step with God's will**, and I've dedicated my life to helping people like you rise to the challenge of your unique calling.



# How does transformation work?

Transformation is not a one-time event; it's a process that unfolds over time and with intention. **The Transformation Coaching Program is a structured 9-session journey designed to take you from where you are to where you're meant to be.** Each session is tailored to your unique season, and together, we'll utilize the following methodologies:

1. **Identity:** Understanding where you are now and where you want to be.
2. **Articulation:** Clarifying the inner beliefs and external forces shaping your path.
3. **Establishment:** Aligning your next steps with God's will and your purpose.
4. **Execution:** Mapping out the actionable steps that will take you forward.
5. **Accountability:** Holding you responsible for your progress and obedience to divine guidance.

No matter what season you're in, we'll work to ensure you move forward with confidence and clarity.

## **Single Session (Discovery Call): \$175.00**

- A one-time session to assess your current season and explore how the coaching program can serve your needs.

## **Full Transformation Program (9 Sessions): \$1575.00**

- Includes all 9 sessions, plus access to worksheets, accountability tools, and ongoing support.

## **Monthly Coaching Membership: \$350.00 per month**

- Includes two sessions per month for continued guidance and support as you move through different seasons of transformation.



# 9 session outline

**Session 1:** Identity We'll start by identifying your current season and self-understanding. This foundational session will set the tone for our work together.

**Session 2:** Articulation We'll delve deep into identifying limiting beliefs, behaviors, and external influences that shape your experience.

**Session 3:** Establishing God's Will Using the last clear instruction from the Holy Spirit, we'll work to establish a path forward that aligns with your divine calling.

**Session 4:** Execution Planning We'll document the action steps required to move you from your current season into the next.

**Session 5:** Accountability We'll set up systems to ensure you stay on track and maintain momentum through responsible obedience.

**Session 6:** Midway Review Halfway through, we'll assess progress, adjust the action plan, and celebrate victories while addressing challenges.

**Session 7:** Overcoming Tests We'll focus on the obstacles you face in your current season and develop strategies to pass the tests of your transformation.

**Session 8:** Finalizing the Path Forward Together, we'll finalize a long-term plan for continued growth and transformation beyond the coaching program.

**Session 9:** Reflection and Closure Our final session will reflect on the journey, document your transformation, and set up accountability for long-term success.





# Contact

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## Next Steps

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